
Are you using CPAP? What you need to know about Retitration Studies

FOR PATIENTS:

You've been using your CPAP machine for years and you've started to notice that you're not feeling as great as you should. Your mouth is dry, your partner has complained that you've started snoring again. The worst part, you are starting to the level of tiredness you felt pre-CPAP.

Does this sound familiar? Then maybe it's time you considered a CPAP retitration study.

What is a CPAP titration study?

For those who are currently on and using CPAP, a retitration study allows you to come back in for sleep study to test whether or not your current pressure is successfully decreasing your sleep apnea and eliminating snoring throughout the night.

When are you eligible for a CPAP retitration study?

Everyone who is on CPAP is eligible for a CPAP retitration once 2 years, to the date, has gone by since your last CPAP study.

How do you schedule a CPAP retitration study?

If you require a CPAP retitration study and you are a current patient of Accq Sleep Labs, you can call the location where your previous studies took place and ask to speak to our PAP coordinator. From here, they will be able to evaluate your current use and conditions and pass this information on to the sleep physician. Should the physician indicate that a CPAP retitration would be beneficial, one of our PAP coordinators will contact you to book your study.

Introducing our PAP coordinators

Kitchener-Waterloo: Rebecca Pray, 519-745-2621

Paris: Danielle Hughes, 519-442-6389

Owen Sound: Ryan MacDonald, 519-371-5217

FOR PHYSICIANS:

If you have a patient on CPAP who is experiencing dry mouth, snoring, tiredness or is having difficulty with their machine, or their machine has broken, please fill out a PAP assessment form, along with a referral and send it to the location previously visited by your patient. A PAP assessment form is attached to this newsletter as Page 2. If you require another copy, please give us a call and we would be happy to send one to you.

To unsubscribe, email: stephanie@accqcorp.com

Accq Sleep Lab Locations

KW Sleep Lab
295-180 King Street S.
Waterloo, Ontario
N2J 1P8
Tel: 519-745-2621
Fax: 519-745-7174

Paris Sleep Lab
139 Grand River Street N.
Paris, Ontario
N3L 2M4
Tel: 519-442-6389
Fax: 519-442-7983

Owen Sound Sleep Lab
945 3rd Avenue East
Owen Sound, Ontario
N4K 2K8
Tel: 519-371-5217
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ADP Registered Facilities & Physicians

Dr. E.H. Tadross | Dr. C.W. Galarraga | Dr. H. Singh | Dr. C. Ogugua | Dr. A.K. Nagpal | Dr. H. Racz | Dr. J. Nemni
Members of the Ontario Telemedicine Network (OTN), allowing our physicians to perform consultations remotely